

LIFE IS A RODEO 4-2



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Choreographed by Dan Albro (10/16/2025)

Description: 32 Count, Improver, Partner Dance,
Position: Side by Side, Like footwork except where noted.
Music: "Life is a Rodeo" by: Mr. Jay, James Lann & David Banning
Intro: 32 counts – Start on the word "Buddy"

1-8 CROSS, TOUCH, CROSS, TOUCH, CROSS, BACK, SIDE, CROSS (*Figure Eight*)
1,2,3,4 Cross step R over L, touch L toe side, cross step L over R, touch R toe side
5,6,7,8 Cross step R over L, step back L, step angle back R, cross step L over R

9-16 SHUFFLE SIDE, ROCK, REPLACE, FWD, FWD (KELLY TURNS), SHUFFLE FWD
1&2,3,4 Step side R, step L next to R, step side R, rock back L, replace weight on R
5,6 Step fwd L, step fwd R (Kelly turns ½ right, ½ right keeping right hands)
7&8 Step fwd L, step R next to L, step fwd L

17-24 ROCK, REPLACE, COASTER STEP, ¼ TURN SWAY, SWAY, ¼ TURN, BRUSH
1,2,3&4 Rock fwd R, replace weight on L step back on R, step L next to R, step fwd R
5,6,7 Turn ¼ right stepping side L, sway hips right, turn ¼ left stepping fwd L,
8 Brush R fwd

25-32 ¼ STEP, TOUCH, STEP, TOUCH, STEP ¼ PIVOT, STEP ½ PIVOT
1,2,3,4 Turn ¼ left stepping side R, touch L next to R, step side L, touch R next to L
5,6,7,8 Step fwd R, pivot ¼ left, step fwd R, pivot ½ left

Hands: Count 1 release left hands, count 3 pick up left hands, count 5 release right hands,
count 8 resume starting position.

Fun Option during the Chorus: 1-4 "Flying High" Raise arms up